

Epworth Sleepiness Scale

Mark as Complete



0 of 9 completed

Form Instructions

How likely are you to doze off or fall asleep in situations described below, in contrast to feeling just tired?...

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Assessment Date

10/26/2020



A. Source of Information:



Participant

Caregiver

Participant and Caregiver

1. Sitting and reading:



0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing

2. Watching TV:



0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing

3. Sitting, inactive in a public place (e.g., a theatre or a meeting):



0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing

4. As a passenger in a car for an hour without a break:



0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing

5. Lying down to rest in the afternoon when circumstances permit:



0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing

6. Sitting and talking to someone:



0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing

7. Sitting quietly after a lunch without alcohol:



0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing

8. In a car, while stopped for a few minutes in the traffic:



0: Would never doze

1: Slight chance of dozing

2: Moderate chance of dozing

3: High chance of dozing



REM Sleep Behavior Disorder Questionnaire

SCOPA-AUT

